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Priya Kumar

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Priya Kumar : I AM another YOU before purchasing it in order to gage whether or not it would be worth my time, and all praised I AM another YOU:

3 of 3 people found the following review helpful. A Pleasant Surprise!By John V.I was introduced to Priya's facebook page via a friend of mine. I'd noticed that this was her first book, so I read an excerpt on and decided to buy it. I had not heard of Priya before as I'm from the U.S. and she is based in India, which for me is a good thing because I'd had no preconceptions going into it.The book is autobiographical in nature, and the first thing the struck me about Priya's documentation of her experiences is her unabashed self honesty. A prodigious high achiever during her youth, by her early twenties, she had earned several degrees and accolades, and a successful career as a well known motivational speaker. Yet, after a series of deceptions, defraudations and disillusionments in business and personal relationships she had basically lost it all. The story begins upon her leaving her homeland with almost literally the clothes on her back, to seek spiritual healing amongst the Shamans in, of all places, the Netherlands.While reading I was impressed by how the author, when faced with life's challenges and let downs, consistently asks "who am I being in this situation, how did I create this?", without guilt or self condemnation, but with the intention of personal transformation. Many of us when faced with financial despair, loss of near or dear ones or health crisis often retreat into depression, resentment or resignation... She takes instead the less trodden path of self inquiry, not resorting blame, becoming more attached, nor settling on living in the every day conversations that most of us are raised with.She risks it all by taking this journey, including criticism from friends, family and colleagues. She is taken through some deep spiritual processes wherein she's forced to face all the negative self talk and stories she had been carrying around for years, and in the process, gains access to something bigger. Priya could have very well have come home empty handed and empty hearted, and in a sense she did come out a loser. She lost all that was never her. Consequently, a result of her sincere intention and one pointed focus on getting what she came for, she comes 'home' with something that can be never taken away: that unlimited potential within us all... And love... not as something to be gained, gotten or attained from the outside but, love as a way of being.I read somewhere that every experience can be a doorway to transformation, freedom or "enlightenment" if we so choose. The author is a good example of one who uses all her personal experiences as an opportunity for growth and expansion. After all she went through she could have went back to India, 'settled down' and lived a contented life, yet Priya now uses these experiences to help others, the ultimate responsibility. All one need do is watch a video of her and you can tell she loves what she does and that the transformation and gratitude are genuine.I think the title is very apt for this work. Priya I feel is a modern day Truth seeker, an urban yogini in a fast paced 21st century digital media world. She is just like many of us who are searching for the same things, and have often asked "how?" when it's so easy to be lost in countless distractions, striving to meet our quarterly projections or just plain trying to surviv, "and how do I balance the spiritual and the mundane?"I was an avid reader at one time. In recent

years I normally read more "esoteric" spiritual books. Although Priya's story is not a philosophical mind bender, I found myself highlighting bookmarking many passages and insights. I can honestly say her story provided welcomed inspiration during a recent personal crisis. I believe you will find a reflection of you in this book, a remarkable first literary release.---I had read the eBook version via the iPhone kindle app. I'd been thinking of buying a kindle because lately I've been making many long automobile trips where I have to take equipment, drycleaned laundry, etc. Books were beginning to be a hassle to lug around. I decided to try out the iPhone version. I personally don't like staring at computer screens for a long periods of time, yet the fonts background are much easier on the eyes than even reading HTML documents. The iPhone also has a backlight, an added plus that the kindle presently doesn't have, which is pretty cool for reading in bed! I think I'm going to stick with the iPhone version for a bit as a kindle would just be another thing to pack up carry around on the road.Side note to American readers: Across the globe we have different ways of using the English language. British, Irish, Indians, Australians etc., all have different local phrases, and different ways of saying the same things. I've spent a little time in India, and smiled a few times while reading, thinking "that's an Indian way of say that!". I need to clarify that it is no way 'problematic' at all in this book. In fact I can't even remember an example because it's more of a subtlety than anything, which has a sort of an endearing quality to it :)0 of 0 people found the following review helpful. Took me to the placeBy LaughinagainI felt like I was there, while reading this book. It reminded me that I connect with people who can hold a sacred place for each other.0 of 0 people found the following review helpful. The author has clarity of vision (of what she wants ...By Saideep RathnamThe author has clarity of vision (of what she wants to communicate) and does it fairly effectively. The summary of learning for the readers at the end of the chapter, however, were slightly contrived and irritating. May be the author should have left it to the individual (as the audience is expected to be adults)??

I AM ANOTHER YOU is a story of powerful, Life changing breakthroughs !!You start this journey with the author, years ago, trying to escape from a world that did not feel right. You travel with her in this magical journey to the Netherlands where she learns the greatest lessons of her life by taking part in some amazing processes in the tradition of the ancient spiritual masters and healers who help her realize that the only place where wrong is 'rightened' is within. There is nothing wrong with the world outside if we sort out the world inside. There are some stories that everyone relates to, because they involve you through thoughts and feelings that are universal. This is such a story. A life purpose for example, is something each of us is looking for. A desire to achieve more from life and live at a higher self, is something everyone wants. A spiritual inclination to seek deeper, beyond material fulfillment, each of us pursues sooner or later. There are numerous places in the book where you find yourself stopping, drawing parallels to your own life and finding answers. In an honest narrative, extracted from real life experience, the book takes you through struggle, overcoming and victory over self. The book deals with breakthroughs that can be used by anyone to achieve personal success in the true sense of the word. Priya, who is a corporate trainer by profession, weaves learnings into each chapter, subtly, observing the meaning behind every experience, pointing it out to the reader without being obvious and leading you to think and find meaning and purpose in your own life situation, as it is now and where you desire to take it from here. A book of many lessons, many insights and many truths, it has the power to awaken you to your best self. This book will urge you to take that path you always knew was right but never had the courage to follow. It will guide you, humour you, inspire you, touch you and above all lead you to your life's calling.

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